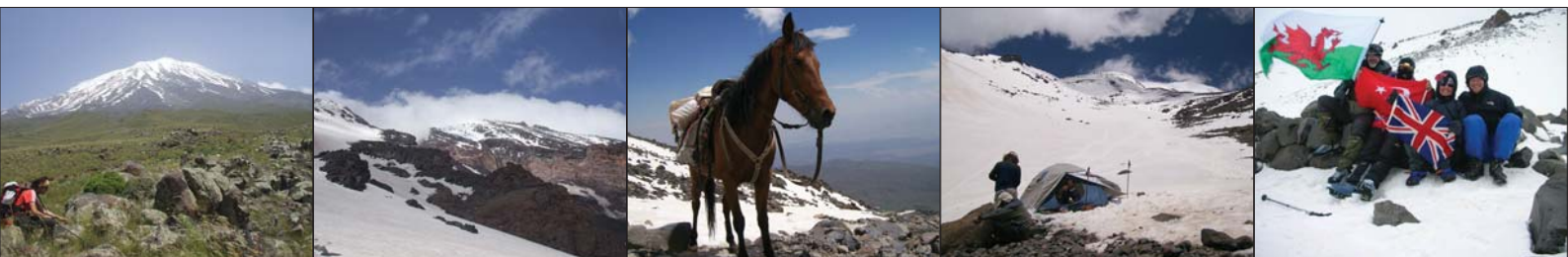




EasternTurkeyTours  
**Trekking Mt. Ararat**



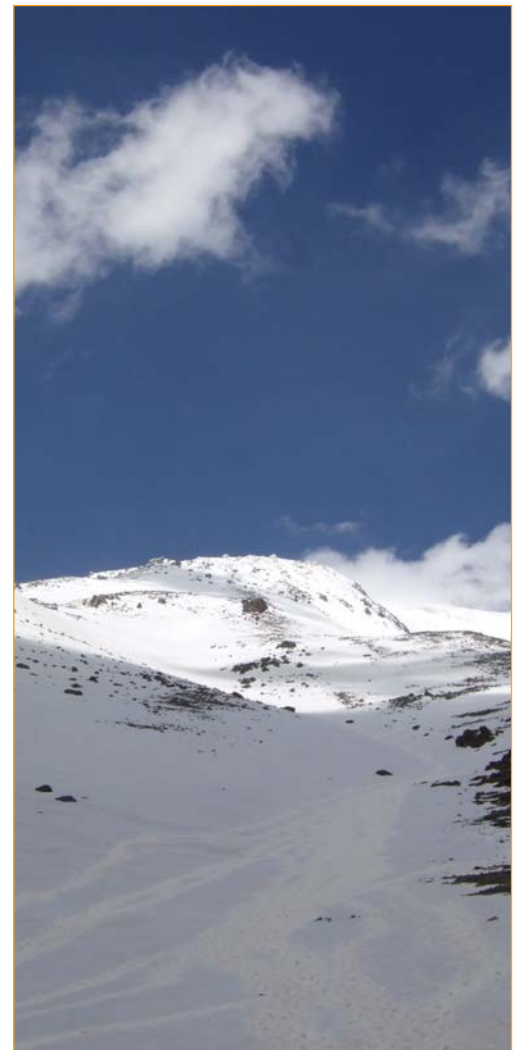
Exceed your expectations **Email: [info@easternturkeytour.org](mailto:info@easternturkeytour.org)**



Mt. Ararat

Mount Ararat may be the largest single-mass mountain in the world rising to 5,137 metres (16,854 ft) from the plains surrounding it at an elevation of between 1000 and 1.500 metres. While most other large mountains are in a mountain range Ararat rises in a solitary mass; not only physically and geologically unique, Ararat holds a unique place in the culture of many civilisations, including modern western civilisation. Broadly speaking, this region is the cultural cradle of the modern world including as it does the region known as the fertile crescent and the area around Gobekli Tepe where the first grains were cultivated and where our journey from hunter gatherer to modern man began. It is here that the earliest stories of the great flood, the Epic of Gilgamesh, are set, and on the northern fringes of this crucible of history is the area referred to in the bible as "the mountains of Ararat." Biblical tradition holds that, after the flood, Noah's ark came to rest on Ararat and Noah and his family descended from the mountain to repopulate the earth.

Mt Ararat is a standard four or five day trek, although some people manage to climb to the top in three. All measurements are estimates because distance and elevation markers do not exist. You will have a professional and certified local guide who will prepare three meals a day for you, and, of course, tea. We will also obtain all required official permits from the state and local authorities for you. A hired 4-wheel drive truck will take us 10-15 km up the side of the mountain on a dirt road, but beyond this point, the road deteriorates too severely for vehicles. Most people start hiking from here.





## Day 1

Arrive in Van to meet your guides and tour team. Overnight hotel in Van or Dogubeyazit in Hotel

## Day 2

After breakfast transfer from Dogubeyazit to 2200m by truck and begin your ascent to 3200m (1st camp, 4 hours). We pitch tents and there will be some time to relax and enjoy the mountain. Our team will prepare hot food for dinner.



## Day 3

This is an acclimatisation day. We start in the morning at 9 am, and ascend to 4200m where camp 2 is located (2nd camp, 4 hours). Camp 2 is on level ground with dry stone wall enclosures providing shelters and wind breaks. After a short rest, we return to the 1st camp where hot food is served for dinner. This is done in order to ensure that altitude sickness is less likely to be a problem.



## Day 4

Start in the morning at 8 am, ascent to the 2nd camp at 4200m (4 hours). The afternoon is spent with relaxing and preparing for the ascent to the summit the following morning. Hot food is served for dinner.





### Day 5

Start at 2 am, climb up to the summit (5137m) with the assistance of headlamps. Depending on snow conditions, crampons may be needed for the last part of the climb. We reach the summit by about 8 am to 10am. We return to the 2nd camp, where hot soup and tea is served. After some rest, we pack the tents and return to the 1st camp to spend the night there. Dinner at the 1st camp.

### Day 6

Descending from the 1st camp to car pick-up point from where we return to Dogubayazit by truck. Stay overnight in Dogubeyazit or Van in Hotel. 3/4 star Hotel

### Day 7

Depart Van

### Necessary equipment:

Backpack for the equipment and clothes, day-bag for the hikes, hiking boots and sticks, head lights, warm and waterproof outer clothes, crampons, pocket knife, sun glasses. If you bring your own sleeping bag, choose a good 3-season one (0°C). Weather may be chilly at 4200m, and you can expect temperatures between 0 and -15°C on the summit. If you don't bring your own tents and sleeping bags we can provide the equipment you need as long as you give us prior notice

